

Curriculum Vitae

Elsa Ramirez Brisson

341 East Laurel Drive, Salinas, CA 93906

(831) 320-6553

Background

Born: Austin, Texas, raised in El Paso, Texas

Nationality: United States Citizen

Languages Spoken: English, Spanish, and German

Education

- Doctor of Philosophy, Community Public Health, Walden University 2011
Dissertation: *The relationship between overweight/obesity and acculturation of 12-19 year old Mexican American children.* <http://gradworks.umi.com/3481297.pdf>
- California Designated Subject Credential, Full Time Adult Education 2007
- Masters in Public Health, Nutrition Administration, University of Minnesota, 1994
Minneapolis, MN. Thesis: *Food stamp utilization among the elderly in Monterey County, California.*
- California Lifetime Teaching Credential, University of California, Santa Cruz 1988
- Dietetic Internship, Harper-Grace Hospitals, Detroit Medical Center, 1982
Detroit, MI
- Bachelors of Science in Dietetics, University of Maryland, College Park, MD 1980

Teaching

- Hartnell College, Salinas CA 1988 – present
Etudes mentor and conference representative (2013)
Family and Consumer Studies courses FCS 23 & 22 Instructor, curricula design and evaluation. Spanish courses 1998-2000.
Health Education Instructor, Multi-cultural Health Beliefs
Web Site Redesign Committee Member
Academic Senator 2010-12
Online course development 1996-2013

Committee member for the Early Childhood Education Department,
Independent Living Program Community wellness projects with students,
Curriculum redevelopment & evaluation for, translated FCS 22 curriculum into
Spanish (1991)

Developed curriculum for the Department of Social and Employment Services
partnership with Hartnell and the Independent Living Program (1998-2004)

San Jose State University, San Jose, CA Approved adjunct faculty	2012-present
ServSafe Certification for managers and trainers and the California Food Handler Card. National exam review committee (2004)	2004-present
National Educational Foundation Certification Instructor and proctor for NIFI and ServSafe	1983-2004
Monterey Peninsula College, Monterey CA Faculty in Older Adult Program and Culinary Arts Instructor. Created Older Adult Wellness curriculum for institutional and community based senior facilities and managed culinary program.	1985 – 1989
Central Texas College, European Division Instructor. Food Services Credential, Institutional Administration, Nutrition, and Food Safety. Translated military training manuals into non military jargon.	1983 – 1985

Professional Experience

CEO and Owner, Food FUNdamentals, Salinas CA.	1985 – present
School Health Coordinator, Monterey County Office of Education	2004 – 2006
Nutrition Manager, Area Agency on Aging, Department of Social	1988 – 2004

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Services, Aging and Adult Programs

Biological Technician, United States Department of Agriculture and
University of Maryland 1978 – 1980

Professional Affiliations

Academy of Nutrition and Dietetics, formerly American Dietetic
Association 1976 –
present

Nutrition Education Program Proposal Quality Checklist Project--GENIE
Informatics Scholar, 10X10

Author and Reviewer

MD/RD Media Spokesperson

Healthy Aging formerly Gerontological Nutritionist, Treasurer

Hunger and Malnutrition Practice Group, Area Coordinator, Area Coordinator

Commission on Dietetic Registration, #643414 1983 to
current

California Dietetic Association 1985 –
present

Public Policy Grass Roots Liaison

Web Site Founder, <http://www.dietitian.org>

Media Spokespersons

Past Chair Gerontological Nutritionist

Affirmative Action Task Force

National and California Restaurant Association 1986 – 2013

Nutrition and Physical Fitness Collaborative of the Central Coast 2001 –
present

Society for Nutrition Education 1976 –
present

Newsletter editor for Healthy Aging

Speaker at annual meetings

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Treasurer, Healthy Aging Division	
Latino Childhood Obesity Coalition of California	2004 – present
Center for Reducing Health Disparities (CRHD), Monterey County member of California Reducing Disparities Project (CRDP): Latino Focus, Latino Mental Health Concilio	2010 – present
National Restaurant Associations, Educational Foundation Review Committee for Examination Excellence ServSafe Food Service Manager Certification	2008 – 2009
American Diabetes Association Editor, Diabetes Forecast Magazine (1997 – 2001)	1995 – 2006
Health Eating and Lifestyle Principles Coalition Member	2004 – 2006
California Association of Nutrition Directors for the Elderly annual Training and meeting presenter	1988 – 1994
Monterey County Hunger Coalition and Nutrition Council (now Nutrition and Physical Fitness Collaborative of the Central Coast) Founding committee member President, Nutrition Council Chair, Hunger Coalition	1985 – 2001
Center for Nutrition and Aging Nutrition 2030, Expert Panel. A collaborative effort of the Administration on Aging and Florida International University (2003)	1990-2000 2003
Monterey County Health Department 5-A-Day for California Research Site and Collaborative member Buen Provecho Program Research, testing and teaching Steps to a Healthier Salinas, Grant development senior statistics and then School Health Coordinator	1988, 2006

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Publications

- Original recipes 325,346,357,358,430, 435, 469. American Dietetic Association: Cooking Healthy Across America. Food and culinary Professionals Dietetic practice group, Napier K, editor. 2005
- Nutrition Care Manual, Hispanic Foods Section 2001 – present
- The Expert Speaks: Nutrition for Elderly Adults, Ramirez-Brisson E. 340-42. Nutrition in the community the art and science of delivering services. (1999) Owen A.L., Splett P.L., Owen G.M. WCB McGraw-Hill isbn 0-8151-3311-1 1999
- Culinary Hearts Kitchen Cookbook publications from the American Heart Association Minority Cardiovascular Grant Initiative 1991. Area Agency on Aging, Monterey County, reprints and translations, in 1996, 2003 and 2008. Reprints Food FUNdamentals in 2009 and 2011. 1991 -present
- Great Food Column, Salinas Californian
- Food For Thought and Food Safety Newsletters; monthly and bi-monthly, 1998 – 2004
Elderly Nutrition Program of the Area Agency on Aging

Acknowledgements

- Food Around the World, Margaret McWilliams for insight and expertise 2007
Mexican American foods and culture
- Cultural Food Practices: Diabetes Care and Education Dietetic Practice Group, CM Goody and L Drago, 2010

Web Sites and Blogs

- <http://dietitian.org>, founder and manager 1996 – 2000

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http://foodfundamentals.net , author	1998 – present
http://fuelingthepanther.weebly.com , author and manager	2009 – present

Conferences & Presentations

Academy of American Dietetic Association (formerly ADA) <i>"Tech Zone" presenter for three years with Joann Larsen. Provided expertise on web site building and web site use by non-profits</i>	1997 - 2000
10X10 Informatics Course and One on One Event <i>Informatics Needs of Developmentally Disabled Adults.</i>	2012
Administration on Aging, Nutrition 2030 <i>Expert Panel Presenter on Nutrition programs and menu planning.</i>	1999 - 2000
Society for Nutrition Education and Behavior, Center for Nutrition and Aging, Florida International University and Gerontological Dietetic Practice Group <i>Panel discussion and publication: Culture and Foods, Hispanic Foods and Culture Expert</i> <i>Implementation of the DRI in the Elderly Nutrition Program</i> Speaker on Hispanic Food Issues and Nutrition, Orlando, Florida	2003-2005
Society for Nutrition Education, Baltimore Maryland <i>Presentation: Monterey County Area Agency on Aging Management and Reporting System including NAPIS- National Aging Program Information System. July 27, 1999.</i>	1999
Monterey County Office of Aging and Community Services Healthy Aging: Mind, Body, & Soul Conference Presentation: Using the Nutrition Screening Guidelines August 24, 1994	1994

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Awards, Grants and Events

Academy of Nutrition and Dietetics (formerly ADA) with Gemple Foundation: Scholarship to 10X10 Informatics Course and One on One Event	2012
National Association of Nutrition and Aging Services Programs: Apple Award for Outstanding Innovative Nutrition Programs	1995
American Red Cross: Disaster Preparedness Grant, Just-in-Case Kits, www.prepare.org	1992 – 1996
Western Fair Association: Best New Program, Seniors Day at the Fair.	1993
American Red Cross: Honors award for work after the Loma-Prieta Earthquake in the Tri-County area	1992
American Heart Association: Gourmet Art for the Heart	1989-1991
American Cancer Society: National Honor Citation for Nutrition Program	1991
American Heart Association: Minority Cardiovascular Health Education Initiative Grant	1990 – 1994
California Dietetic Association: Crystal Award, volunteer of the year	1998